



## SRU COLLEGE OF PARAMEDICAL TECHNOLOGY

SunRise University Campus, Alwar, Rajasthan, India

### SYLLABUS

**Post Graduate Diploma in Acupuncture (PGDA)** Duration 1 year ( Two Semester )

Eligibility : Graduation in relevant Subject or its Equivalent.

#### Semester I

Paper Code	Subject	Internal	External	Total
1PGDA01	Basic Anatomy & Physiology	40	60	100
1PGDA02	Topographic Anatomy & Acupuncture Point Location	40	60	100
1PGDA03	Basic Neuro Physiology Allied to Acupuncture Science	40	60	100
1PGDA04	Applied Diagnosis in Acupuncture Science	40	60	100
1PGDA05	Acupuncture Meridians	40	60	100
1PGDA06	History & Philosophy of Acupuncture Science			
	Practical			
1PGDA07	Practicals I	40	60	100

Semester II

Paper Code	Subject	Internal	External	Total
2PGDA01	General Heigine & Heigine Practice at Healthcare Establishments	40	60	100
2PGDA02	Acupunture for Common Healthcare	40	60	100
2PGDA03	Auriculo Therapy in Acupunture & Scalp Acupunture	40	60	100
2PGDA04	Basic Sterilisation Procedures in Acupunture Practice I	40	60	100
2PGDA05	Introduction to Integrated Health System	40	60	100
Practical				
2PGDA06	Practicals II	40	60	100

Syllabus (Topic wise)

Introduction to Human Anatomy and Physiology Understand the anatomy and physiology of organs

Understand the location and principles of Yin and Yang organs of five elements Know about the medical terminologies

Unit I

Anatomy, Physiology and vital energy flow Anatomy of organs

Respiratory System Digestive System Reproductive System

Lymphatic System Muscular System Skeletal System Nervous

System Explanation

Engery flow in organs is Physiology Internal Energy

External Energy

Energy Distribution Acupunture Physiology

## Unit II

Cell & Digestive systems Cell Definition

Assimilation and Elimination Morbid stagnation Importance of lysosome

Digestive system an introduction Digestive process in mouth Digestive process in stomach

Digestive process in Small intestine and its ancillary parts 3 parts of Small intestine

Digestive process in Large intestine 6 parts of Large intestine

Energy from Food & Taste Appetite

Food Health

## Unit III

Location of Yin and Yang organs Yin organs (cold):

Heart (HT) Spleen (SP) Lungs (LU) Kidney (KI) Liver (LR)

Yang (hot) organs: Small Intestine (SI) Stomach (ST) Large Intestine (LI)

Urinary bladder (BL) Gall bladder (GB) Fire Elements Pericardium  
(PC) Triple Energiser (TE) Unit IV  
Principles of Five elements and Five Element Organs Functionalities of Fire elements  
Functionalities of Earth Elements Functionalities of Air Elements Functionalities of  
Water Elements Functionalities of Wood Elements Medical terminology  
Most Commonly used Prefix Most Commonly used Suffix Root words for  
Body parts Root Words for Colours Root Words for Size, Quality Root  
Words for Position  
Root Words for Quantity. Unit V  
Terminologies System wise Medical Terminologies: Digestive System  
Prefix / Suffix List

Commonly used medical words

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## Respiratory System

- Prefix / Suffix List Commonly used medical words Kidney and reproductive system
  - Prefix / Suffix List Commonly used medical words Blood and Lymphatic system
- Prefix / Suffix List  
Commonly used medical words.

Know the History of Chinese and Indian Acupuncture Science Understand about the Myths and facts of Infection theory Know about Morbid stagnation and eliminations  
Understand the concept of Yin – Yang theory Unit I  
History of Acupuncture Acupuncture a Healthy life Science Medicine system which rely on nature and food Culture  
Medicine system which doesn't rely on Nature and Food Culture Medicine system which are against Nature and Food culture What is Acupuncture  
Acupuncture word Chinese Definition Definition through Latin and English History of Chinese Acupuncture  
Yin Yang Fu Hsi  
I Ching

Huang Di Nei Jing Su Wen Ling Shu  
Revolution of Acupuncture

History of Indian Acupuncture (Date back to Ayurvedic Sushruta) Unit II

Acupuncture The Healing Art  
Classical Chinese Acupuncture Moxibustion  
Breathing exercise Tai chi  
Massage

Basics of Medicinal Herbology

Instruments used in Modern Chinese Acupuncture Important Aspects in Indian Acupuncture

Yin Yang philosophy Five element theory  
Morbid elimination Theory

Recognition of Acupuncture by Indian Government. Unit III

Morbid Stagnation theory Disease is Morbid stagnation Cure is Morbid elimination  
Vital force

Assimilation Elimination

Naturally formed Morbid matter

Morbid matter created by going against nature Formation of morbid matter

Modern medicine's view on cause of disease Germ Theory

Hereditary Disease Organ failure Vitamins deficiency Hormone deficiency

Acupuncture view on Cause of Disease. Unit IV

Morbid stagnation and Eliminations Fever

Germs Small pox,

Malaria Germs Louis Pasteur Antony Bechamp Germ Theory

Later studies

Germs and Morbid Matters Evidences of Scholers

Pain Definition

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Types of Pain Pain During injury

Pain due to weakening of organs Pain during cure

Pain is an immune. Unit V

Five Element Theory Yin Yang Philosophy Few Examples for Yin Yang

Yin Yang imbalance is disease Five elements

Creative cycle Controlling Cycle Destructive Cycle

Organs of different elements Fire element organs

Earth element organs Air element organs Water element organs Wood  
element organs.

Understand the functionalities of Acupuncture meridian points Know about the five element points of Yin-  
Yang organs Know the diagnosis and treatment methods of acupuncture Unit I

Channels / Meridians and Body measurements Acupuncture meridians Organs of different elements

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Function and property of an acupuncture point  
Acupuncture body measurements  
Medial and Lateral sides of body in acupuncture  
Symbols of acupuncture meridians.

## Unit II

Fire and Earth Elements Heart meridian diagram  
Fire, Earth, Air, Water, Wood element points

Small Intestine meridian diagram

Fire, Earth, Air, Water, Wood element points  
Spleen meridian diagram

Fire, Earth, Air, Water, Wood element points  
Stomach meridian diagram

Fire, Earth, Air, Water, Wood element points.  
Unit III

EARTH, WATER and WOOD Elements  
Lungs meridian

diagram and Fire, Earth, Air, Water, Wood element points  
Large intestine Meridian

diagram and Fire, Earth, Air, Water, Wood element points  
Kidney Meridian

diagram and Fire, Earth, Air, Water, Wood element points

Urinary bladder Meridian - diagram and Fire, Earth, Air, Water, Wood element points  
Unit IV

Wood and Fire element Liver meridian

diagram and Fire, Earth, Air, Water, Wood element points

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Gallbladder meridian

diagram and Fire, Earth, Air, Water, Wood element points Pericardium meridian

diagram and Fire, Earth, Air, Water, Wood element points Triple energizer meridian

diagram and Fire, Earth, Air, Water, Wood element points Unit V Conception Vessel meridian

Five Element points on Hands and legs. Yin Organs Element points in hand Yang

organs element points in Hand Yin Organs Element points in Leg Yang organs element

points in Leg

Conception vessel meridian Element points Governing vessel meridian element points.

**PRACTICAL**

Locating the Acupuncture Points

(i) Five element points on Heart (HT) and Small Intestine (SI) meridians

(ii) Five element points on Spleen (SP) and Stomach (ST) meridians

(iii) Five element points on Lungs (LU) and Large Intestine (LI) meridians

(iv) Five element points on Kidney (KI) and Urinary bladder (BL) meridians

(v) Five element points on Liver (LR) and Gall bladder (GB) meridians Pulse diagnosis Pulse Diagnosis

traditional Pulse Diagnosis

Location of a Pulse and method of pulse diagnosis Element Pulse Diagnosis

Superficial and Deep Pulse Diagnosis Treatment method – Character Pulse Diagnosis

Five elements Pulse Diagnosis.

Treatment Method Single element deficiency Self deficiency  
Deficiency from mother element Deficiency from controlling element. Double  
element deficiency  
Triple element deficiency Example for generative cycle Example for  
controlling cycle Four element deficiency  
Five element deficiency Stimulation methods Stimulating by needle  
Stimulating by touch.  
Process of curing Three benefits Universal energy  
Food Sensation  
Process of curing Chronic disease Acute Disease Degenerative  
Disease  
Duties of an Acupuncturist. Acupuncture Education Scope & Benefit:

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To train and educate the society to lead and live a healthy life without fear about diseases and drugs. To live with the nature's tune by following a simple and normal life style based on the principles of acupuncture science. To communicate the various merits of this therapy to the society in a systematic manner To inculcate an appropriate perception and insight into various aspects of Acupuncture Science (Drugless Therapy) to the learners

To make familiar / through about human anatomy, physiology and medicinal systems in practice. To give complete knowledge about acupuncture Science, fundamental theories on which acupuncture science derived To give adequate knowledge about acupuncture Channels, Points and their locations, relationship with organs To give a practical knowledge and training on diagnosis methods to conclude the deficiency and to select an appropriate acupuncture point for treatment

#### Scheme of Examination

The examination will be conducted as semester basis. The Scheme of examinations shall be as follows:

There shall be theory papers of 60 marks each and practical of 40 marks each. The practical examination shall consist of teaching demonstration and via- voce examination.