



BPH Bachelor of Public Health

1st Semester

PAPER CODE	PAPER NAME	INTERNAL	EXTERNAL	TOTAL
BPH101	Human Biology I	40	60	100
BPH102	Basics of Health, Diseases	40	60	100
BPH103	Fundamentals of Demography, Sociology and Behavioral health	40	60	100
BPH104	Introduction to Health Care Delivery System	40	60	100
Total		160	240	400

2nd Semester

PAPER CODE	PAPER NAME	INTERNAL	EXTERNAL	TOTAL
BPH201	Human Biology II	40	60	100
BPH202	Fundamentals of Environmental Studies	40	60	100
BPH203	Introduction to Communicable & Non Communicable Diseases	40	60	100
BPH204	Fundamentals of Data Processing and Analysis – Basic Bio Statistics	40	60	100
Total		160	240	400

3rd Semester

PAPER CODE	PAPER NAME	INTERNAL	EXTERNAL	TOTAL
BPH301	Introduction to Public Health Nutrition	40	60	100
BPH302	Fundamentals of Health Education & Communication	40	60	100
BPH303	Rural, Urban & Tribal Health	40	60	100
Total		120	180	300

4th Semester

PAPER CODE	PAPER NAME	INTERNAL	EXTERNAL	TOTAL
BPH401	Health of Child, Adolescent and Ageing of Population	40	60	100
BPH402	Basics of Health Informatics and Health Economics	40	60	100
BPH403	Disaster & Emergency Management	40	60	100
Total		120	180	300

5th Semester

PAPER CODE	PAPER NAME	INTERNAL	EXTERNAL	TOTAL
BPH501	National Health Programs & Health laws	40	60	100
BPH502	Introduction to Organizational development, Medical Entomology & Occupational Health	40	60	100
BPH503	Basics of Health Planning & Management	40	60	100
Total		120	180	300

6th Semester

PAPER CODE	PAPER NAME	INTERNAL	EXTERNAL	TOTAL
BPH601	Preventive Obstetrics and Family Planning	40	60	100
BPH602	Public Leadership and Managing Health Organizations Quality and Safety in Healthcare	40	60	100
BPH603	Project Work		100	100
Total		80	22	300

1st Semester

Human Biology I

(Anatomy, Physiology and Biochemistry) Anatomy and Physiology

1. General Introduction: Definition of anatomical terminologies such as Anterior, Posterior, Superior, Inferior, Proximal, Distal, Extension, Flexion, Abduction, Circumduction, Sagittal, Coronal, Palmar, Dorsal and Ventral.

2. Components of human cell, tissue, organ and their functions

An Introduction to the Human Body

Overview of structural organization of Human body.

Functions of Human Life

3. Organ Systems

A. Musculo Skeletal

☐ Overview of Muscle Tissues.

☐ Skeletal Muscle Types of Muscle Fibers Bone Tissue.

☐ The Functions of the Skeletal System .

☐ Bone Classification & Bone Structure

☐ Different types of joints and their functions and characteristic.

B. Blood (Hematology)

☐ Composition and functions of blood

☐ Haemopoiesis & production of RBCs & functions

☐ White Blood cells: types & functions

☐ Platelet: count & functions

☐ Disorders of blood components (Anemia, Leukocytosis/ Leukemia)

☐ Hemoglobin: Introduction, functions, NAD value & significance.

C. Cardio vascular diseases:

- ☒ Physiology & Anatomy of Heart, CVS,
- ☒ Pulmonary v/s systemic circulation
- ☒ Functions of CVS.
- ☒ Cardiac Cycle, ECG

D. The Respiratory System

- ☒ Anatomy of Organs and Structures of the Respiratory System
- ☒ Lungs & its functions, Process of Breathing. Surfactant functions, Transport of gases, Physio clinical aspects: Dyspnea, Apnea, Hypoxia

E. The Digestive System

- ☒ Overview of the Digestive System
- ☒ Digestive System Processes and Regulation .
- ☒ The Mouth, Pharynx, and Esophagus
- ☒ Stomach, Small and Large Intestines
- ☒ Accessory Organs in Digestion: The Liver, Pancreas, and Gallbladder.

F. The Urinary System

- ☒ Gross Anatomy of the Kidney.
- ☒ Functions of kidney, ureter, urinary bladder and urethra.
- ☒ Physical Characteristics of Urine.

G. Central Nervous system

- ☒ Different components of nervous system. Identification of different parts of the brain and coverings. Extent and covering of spinal cord.
- ☒ Function of the Nervous System.

H. The Lymphatic and Immune System

- ☒ Anatomy of the Lymphatic and Immune Systems

☒ Parts of Lymphatic System, Axillary group of lymph nodes, Inguinal group of lymph nodes,

☒ Barrier Defenses and the Innate Immune Response

I. The Reproductive System

☒ Anatomy and Physiology of the Male Reproductive System

☒ Anatomy and Physiology of the Female Reproductive System

J. Endocrine System

☒ Enumeration of different endocrine glands, their position, secretions, and their functions.

Biochemistry:

☒ Introduction and application of Biochemistry in public health.

☒ Carbohydrates (Definition, Classification, Physical and Chemical Properties)

Glucose absorption and its homeostasis

☒ Proteins (Definition, Classification, Physical and Chemical Properties)

Amino-acids (Definition, Classification and Biomedical Importance)

☒ Fatty acids (Definition, Nomenclature and Biomedical Importance)

☒ Definition, nomenclature and biomedical importance of lipid.

☒ Important aspects of essential amino acids and fatty acids.

☒ Water (Types, Properties and Ionization) including the concept of pH.

BPH102

Basics of Health & Diseases

☒ Concept of health and being healthy.

☒ Scope of public health: Preventive health and levels of prevention

☒ Differentiate between public health, community health, community medicine and

clinical medicine

- ☒ Dimensions of Health, Positive health, Quality of life index (PQLI, HDI)
- ☒ Spectrum and determinants of health and disease
- ☒ Indicators of Health
- ☒ Concept of Disease
- ☒ Measurements of Burden of disease : (DALY, HALE, QALY)
- ☒ Definition and concept of Epidemiology, Historical development of Epidemiology
- ☒ Aims, scope, purpose, branch and use of Epidemiology
- ☒ Mode of transmission of diseases, relationship between epidemiology and public health.
- ☒ Natural history and progress of the disease : Epidemiological triad
- ☒ International Classification of Diseases (ICD)
- ☒ Distribution of disease characteristics according to; Time, Place and Person
- ☒ Concepts of disease prevention & control
- ☒ Measurements and calculation in epidemiology : (definitions)
Counts, rates, ratio, proportions, incidence, prevalence (point and period), odds ratio, relative risk, cumulative incidence, incidence density, attributable risk, secondary attack,
- ☒ Definition and types of errors, bias and chance, type of bias & Confounding

BPH103

Fundamentals of Demography, Sociology and Behavioral Health

Demography:

- ☒ Introduction, and Importance of population health studies and medical demography in public health
- ☒ Sources of population data and importance of population census, vital registration system, sample surveys, health institution data. Demographic Health Surveys in India

☒ Population Structure, Characteristics and Components

☒ Population pyramid, types of population pyramid, and comparison of population pyramid between developing and developed countries

☒ Importance of age and sex structure

☒ Definitions: literacy rate, sex ratio and dependency ratio

☒ Demography cycle, Trend, Fertility.

☒ Eligible couple, Population policy, Community Needs Assessment Approach

Behavioral Health

☒ Concept, definition of human behaviour and change process

☒ Factors affecting human behaviour

☒ Effects of human behaviour: cognitive, affective and psychomotor domain

☒ Role of human behaviour for prevention of diseases

☒ Motivation: definition, Maslow's Concept of human motivation, including hierarchy of needs, motivation

☒ Adoption of innovations (Diffusion of Innovations theory).

Sociology

☒ Concepts in sociology : society, community

☒ Social structure, social institutions Socialization, social control, customs, norms, culture, acculturation, Standard of living, Dynamics of social change, social stress, social problems, social survey: case study & field study, social defense.

Family, family cycle, Types & functions of Family, role of family in Health & Diseases,

Social Class SE status, social problems & Community services, Social Security

BPH104

Introduction to Health Care Delivery System.

☒ Introduction to Public Health

- Evolution of Public Health

- Ancient India and Public Health

- Founders of Modern Public Health

☒ Changing concepts of Health Care

- Comprehensive Health Care

- Basic Health Care

- Primary Health Care

☒ Levels of Health Care

- Primary Health Care – Village, subcentre & Primary Health Centre

- Secondary Health Care – community health centre & district hospitals

- Tertiary Health Care – teaching hospitals / superspeciality hospitals

- Function, Staffing pattern with job responsibilities of each staff at each of the above

levels

☒ Health Administration in India:

- Central Level,

- State level,

- District Level – Role of Panchayat Raj Institutions in health care Delivery system .

☒ Health for all- Millennium Development Goals & Sustainable Development Goals

☒ Voluntary & International Health Agencies: (WHO, UNICEF, UNDP, CARE,

DANIDA, Red Cross &FAO)

☒ Voluntary Health Agencies of India

☒ Three tier system of health care: Sub centre, Primary Health Centre, Community Health

Centre

SEMESTER II

BPH201

Human Biology II Pathology & Microbiology (Parasitology, bacteriology Virology)

General pathology:

☒ Introduction: Basic Terminologies in Pathology

☒ General Concepts of Cell injury Tissue Injury

☒ Inflammation: Definition & types:- acute, chronic (definition of: Necrosis, Thrombosis, Embolism, Wound Healing, Shock, Oedema, Neoplasia)

☒ Hypersensitivity reaction in relation to Infectious Diseases

- Diseases Caused by Bacteria(Gross & microscopy)

- TB (Tuberculosis)

- Leprosy

- Typhoid

- Viral (pathogenesis) – Polio, Rabies, Measles, Dengue, HIV in detail

☒ Neoplasms

- Definition – benign/malignant

- General differences

☒ CVS – pathogenesis of MI, IHD.

o Hypertension, atherosclerosis

☒ The Respiratory System

- COPD – causes, types & prevention.

☒ Renal – renal failure definition and causes.

☒ Reproductive system – causes of infertility

Microbiology:

- ☒ Introduction to microbiology
- ☒ Definition scope and history of microbiology
- ☒ Morphology and physiology of bacteria, virus, fungus, and parasites.
- ☒ Classification of microbial diseases.
- ☒ Introduction to community acquired microbial infection.
- ☒ Classification of parasites, viral, bacterial diseases of public health.
- ☒ Types of Immunity
- ☒ Defense mechanism of body.
- ☒ Antigen, antibody and antigen antibody reaction

Practical:

- ☒ Use of microscope
- ☒ Demonstration of infectious agents and parasites as relevant locally
- ☒ Methods of field investigations
- ☒ Specimen collection – stool, urine, blood, sputum, etc.
- ☒ Stool examinations – for ova/cysts,
- ☒ Blood smear collection, staining and examination
- ☒ Staining methods – Grams, ZN

BPH202

Fundamentals of Environmental Health

Unit 1: The Multidisciplinary Nature of Environmental Studies

Definition, scope and importance, need for public awareness, institutions in environment, people in environment

Unit 2: Natural Resources:

☐ Introduction to renewable and non-renewable resources with examples, Renewable and nonrenewable energy sources and limitations.

Unit 3: Ecosystems

☐ Concept of an ecosystem, Structure and functions of an ecosystem

☐ Producers, consumers and decomposers, Energy flow in the ecosystem

☐ Ecological Succession: Food chains, food webs and ecological pyramids.

☐ Introduction, types, characteristic features, structure and functions of forest ecosystem, grassland ecosystem, desert ecosystem, aquatic ecosystems (ponds, lakes, streams, rivers, estuaries, oceans).

Unit 4: Biodiversity and its Conservation

☐ Introduction – definition: genetic diversity, species diversity, ecosystem diversity.

☐ Value of biodiversity: commonly used modern drugs derived from plant resources.

☐ India as a mega diversity nation, hotspots of biodiversity, threats to biodiversity:

Deforestation & habitat loss , Climate change, Over exploitation (poaching of wildlife, man-wildlife conflicts), Invasive species and Pollution, Endangered and endemic species of India, Conservation of biodiversity: in-situ conservation & ex-situ conservation

Unit 5: Environmental Pollution

☐ Definition, general causes for environmental pollution causes, types of pollution-based on environment segment affected, based on pollutant.

☐ Air pollution: air pollutants and their sources, effect of air pollutants on human health, ambient air quality, other effects of air pollution-smog & photochemical smog and their effect on health, global warming & climate change effects, acid rain, ozone layer depletion and effects, control of air pollution.

☐ Water pollution: Terrestrial water pollution-water pollutants and their sources, water pollution and public health, other effects of water pollution-eutrophication, causes & effects, control of water pollution, sewage treatment. Ground water pollution-causes,

sources, effects on health and control measures. Marine water pollution-causes, effects and control measures.

☒ Land/soil pollution: causes, effects and control measures

☒ Noise pollution: causes, effects and control measures

☒ Solid waste management: causes, effects and control measures of urban and industrial waste, role of local bodies and individuals in management of urban solid waste.

☒ An introduction to disaster management: floods, earthquakes, cyclones, landslides.

Epidemics after floods & cyclones and their control measures.

Unit 6: Social Issues and the Environment:

☒ From unsustainable to sustainable development, urban problems related to energy

☒ Water conservation, rain water harvesting, watershed management

☒ Resettlement and rehabilitation of people; its problems and concerns.

☒ Environmental ethics: issues and possible solutions.

☒ Environment Acts: Air (prevention and control of pollution) act, 1974; Water (prevention and control of pollution) act, 1981; Environment protection act, 1986 and various rules under it, Wildlife protection act and Forest conservation act.

☒ Issues involved in enforcement of environmental legislation. Environment impact assessment (EIA), citizen's actions and action groups, public awareness using an environmental calendar of activities.

Unit 7: Human Population and the Environment

☒ Population growth, variation among nations, global population growth,

☒ Environmental and human health, environmental health, climate and health, infectious diseases, water-related diseases, risks due to chemicals in food, cancer and environment.

☒ Human rights, equity, nutrition, health and human rights, intellectual property rights.

☒ HIV/AIDS, Women and child welfare

☒ Role of information technology in environment and human health

Unit 8: Field Work

☒ Visit to a local area to document environmental assets:

river/forest/grasslands/hill/mountain

☒ Study of common plants, insects, birds

☒ Study of simple ecosystems

☒ Visit to a local polluted sites-water bodies, solid waste dump sites

☒ Visit to air quality monitoring station of regional PCB

☒ Visit to sewage treatment plant

☒ Visit to Biomedical waste management plant

☒ Visit to Municipal Solid waste management unit

BPH203

Introduction to Communicable and Non-Communicable Diseases

☒ Introduction to terminologies related to health and disease.

☒ Classification of diseases.

☒ Disease burden, transmission and cycle.

☒ Communicable diseases: (Etiological factors signs and symptoms, control and prevention)

- Acute diarrheal diseases,

- Cholera,

- Typhoid fever (Enteric fever),

- HIV/AIDS,

- Leprosy,

- Malaria,
- Filaria,
- Dengue,
- Japanese Encephalitis

☒ Epidemiology and control of vaccine preventable diseases:

- Tuberculosis,
- Diphtheria,
- Whooping Cough,
- Measles,
- Tetanus,
- Poliomyelitis
- Hepatitis -B

☒ Non-infectious diseases: (Etiological factors signs and symptoms, control and prevention)

☒ Cardiovascular Diseases:

- Rheumatic Heart Disease,
- Coronary artery disease,
- Hypertension

☒ Diabetes,

☒ Obesity,

☒ Blindness

☒ Accidents.

BPH204

Fundamentals of Data Processing and Analysis – Basic Bio Statistics

☒ Definition of statistics and bio-statistics and its types, scope, function, limitations and characteristics.

☒ Uses and application of bio-statistics in public health research and medical sciences.

☒ Descriptive Statistics: Basic concept of variables, types of variables (discrete and continuous variables), scales of measurement

☒ Data Collection:

- Collection and recording of statistical information on public health and its related fields from primary and secondary sources

- Presentation of statistical data. Classification and Tabulation of data: frequency

distribution and different types of tables (one way, two way and manifold tables).

- Diagrammatic and graphic presentation: Bar diagram (simple, multiple, subdivided) , pie chart, map diagram, pictogram histogram, frequency polygon, frequency curve, cumulative frequency curve, line chart, scatter diagram, stem- and-leaf plots, whiskers box-plot.

☒ Measures of Central Tendency: Mean, Median & Mode and identify the ideal averages, requisites and its merits and demerits.

☒ Analysis of outliers: different partition values (quartiles, deciles & percentiles) and its uses.

☒ Measures of dispersion (variability). Range, quartile deviation, mean deviation, standard deviation, variance and coefficient of variation and identify the ideal dispersion, requisites and its merits and demerits. Measures of skewness and kurtosis.

☒ Basic Probability : Concept of set theory , factorial, permutations, combinations,
Concept of probability, its terminology and different types of definition Laws of
probability: addition law, multiplication law and conditional probability

SEMESTER III

BPH301

Public Health Nutrition

Introduction to food and nutrition

☒ Concept and importance of food and nutrition

☒ Nutrition as a public health science

☒ Classification and composition of food

☒ Nutritive value of food

☒ Food pyramid

☒ Macronutrients and its functions

☒ Micronutrients and its functions

Nutrition across the human life cycle

☒ Nutrition requirement of infant, pre-school children, school children, pregnant and
breastfeeding women, adolescents, adults and old aged

☒ Recommended dietary allowances,

☒ Infection-malnutrition cycle

☒ Weaning, supplementary and complementary feeding practices

Nutrition deficiency disorders, diseases and prevention

☒ Protein energy malnutrition (PEM)

☒ Iron deficiency disorder

☒ Iodine deficiency disorders

☒ Vitamin A deficiency

Food Sanitation

☒ Food fortification, adulteration – its causes and health effects

☒ FSSAI

☒ Basics of food borne diseases – classification, burden, prevention & control.

☒ Importance of milk and milk products.

☒ Milk borne diseases prevention & control.

☒ Milk Hygiene, Pasteurization

☒ Meat hygiene

Nutritional programs in India:

☒ Mid-day Meal program

☒ Integrated Child Development Services (ICDS)

☒ Rashtriya Poshan Abhiyan (National Nutrition Mission)

BPH302

Fundamentals of Health Education & Communication

Introduction to Health Education and health promotion

☒ Concepts, definition, objectives and strategies of health promotions.

☒ Aims, purposes, principles and scope of health education in relation to health promotion.

- Role of health Education Specialists.

- various approaches in Health education:

- Behavioral change approach (HBM)

- Child to Child approach

- Distinguishing between education and propaganda.

- Role of health education/health promotion in primary health care/and health

development in the concept of health promotion in 21st century.

Theories and modalities for behavior change

☒ Meaning, elements and types of communication, principles of effective communication,

Mass Communication.

Health Education Methods and Media

☒ Appraisal of various methods of health education such as:

- Individual methods: Counseling interview.

- Group methods: Demonstration, group discussion, buzzes session, field trip, workshop, symposium, mini-lecture, brainstorming, interview forum, role play.

- Mass methods: Exhibition, advertisement, film show, public addressing system, Speeches, mikeing, radio broadcasting, and television telecast.

☒ Various types of health education media, its advantages and disadvantages

- Audio- radio programme, songs, stories

- Visual – poster, flash cards, flip chart, hand puppets, hand bill, pamphlets, slides show film, strip, hoardings, banners, model

- Audio and visual - film, video, television, internet (YouTube).

☒ Preparation and use of selected health education media in classroom and field setting: poster, flashcard, flip chart, hand puppets, models, handbills, pamphlet, slide song video film.

☒ Preparation of lesson plan, and classroom teaching

BPH303

Rural, Urban & Tribal health

Rural Health

☒ Urban/rural contrasts in morbidity & mortality.

- ☒ Disabilities in rural adults
- ☒ Rural mortality patterns
- ☒ Rural environmental health and industrial agriculture
- ☒ Adolescents and their risky behaviors in rural area
- ☒ Health issues in rural areas
- ☒ Funding health services in rural areas
- ☒ Rural health disparities

Urban Health

- ☒ Urbanization
- ☒ Health problems of urbanization / migration
- ☒ Health services in urban areas / slums

- ☒ Urban – rural equity issues

Tribal Health

- ☒ Tribes in India: Definition, Characteristics and Geographical Distribution in India
- ☒ Racial, Cultural and Economic Classification of Tribes in India
- ☒ Tribal Culture and the Various forms of Tribal Social Institutions:
 - Marriage,
 - Kinship,
 - Clan,
 - Youth Dormitory,
 - Status and Role of Women in Tribal Society
- ☒ Socio-economic Profile and Development of Tribes
- ☒ Tribal Development Programmes in National Perspective and Appraisal of Different Development Programmes

☒ Tribal Administration: Central, State, District, Project Level & its functioning.

SEMESTER IV

BPH401 Health of Child, Adolescent and Ageing of population

Child Health

- ☒ Define children, overview of child health status, indicators of child health
- ☒ Major causes of infants and child morbidity and mortality in India
- ☒ Socio-economic, educational and cultural factors affecting child rearing practices and child health care activities in India.
- ☒ Components of child health care –GOBI-FFF campaign by WHO/UNICEF
- ☒ Baby friendly hospitals, breast feeding, and complementary feeding – IYCF guidelines.
- ☒ Community based management of child health
- ☒ IMNCI, ICDS
- ☒ UN convention on the Rights of Child
- ☒ Social aspects of Child Health & Development
- ☒ Introduction of child abuse, child prostitution, child trafficking, street children, child labour, child protection and child rights and child laws.
- ☒ Rehabilitation – community based rehabilitation.
- ☒ Physical, sexual, drug and alcohol abuse ,children in difficult circumstances, Substance abuse and social crime.
- ☒ Mental health
- ☒ Adolescent and special children.
- ☒ Legislation related to child health

Child Health Care

- ☒ Principles of new born care
- ☒ Low birth weight babies

☒ Care of Under Five Children

☒ School Health Services

☒ Universal immunization program

Adolescent Health

☒ Definition, phase in life, classification

☒ Social and emotional development aspects

☒ Problems, social issues, programmes, prevention of teenage marriage and pregnancy

Sexual Health

☒ Physiological and pathological

☒ Sexual behavior

☒ Early pregnancy and early marriage

☒ Sex education

☒ Adolescent reproductive & sexual health program

Ageing of population

☒ Introduction to geriatrics and aging population

☒ Demography and Epidemiology of aging

☒ Theories of aging

☒ Biological (physiological changes of aging)

☒ Major diseases of aging – classification

- Hypertension

- Diabetes

- Joint disorders

- Cataract

- Neurological disorders (NCDs)

☒ Aging and Disability

- ☒ Services available – old age friendly services
- ☒ Mental disorders of older persons
- ☒ Social security in old age
- ☒ NPCDCS program & National Program for Health Care of Elderly (NDHCE)

BPH402 Basics of Health Informatics and Health Economics

Public Health Informatics

- ☒ Concept, definition and application of HIS
 - Objectives of HIS
 - Sources of HIS
 - Two way flow of information
 - Reporting from health facilities, district, region to central level
 - Maintenance and use of health information system.
 - Internet and world wide web – role of information technology
 - Data, information, knowledge & wisdom
 - Privacy, confidentiality and security of public health information
 - Data standards in public health informatics

Health Economics

- ☒ Concept of Health Economics
 - Meaning, scope of health economics
 - Principles of health economics
 - Role of health economics in health policy and planning
 - Factors effecting health and development
 - Macro -economics and health and clinical economics
 - G.D.P. and G.N.P. poverty line – APL/BPL

- Total health care expenditure
- Out of pocket payment
- Contribution of government and external development partners

Demand and Supply of Health Care

☒ Concept of demand and supply; determinants; law of demand; law of supply; price mechanism

Health Care Costs

☒ Concept of different types of costs in health care;

Economic Evaluation

☒ Definition, importance, process and constraints of economic evaluation

☒ Cost effectiveness analysis

☒ Cost minimization analysis

☒ Cost benefit analysis

☒ Cost utility analysis

BPH403 Disaster & Emergency Management

Introduction to Disaster management

☒ Disaster definition, types of disaster

☒ Disasters in history

☒ Disaster trends

☒ Modern disaster management – disaster cycle

Hazards

☒ Hazards identification and profiling

☒ Hazard analysis & mapping

Risk

☒ Risk and vulnerability

☒ Components of risk

☒ Risk perception and evaluation

Mitigation

☒ Types of mitigation

☒ Obstacles

☒ Assessing and selecting mitigation options

☒ Emergency response and risk mitigation

Preparedness

☒ Overview of disaster preparedness

☒ Government preparedness

☒ Public preparedness

☒ Media management in disaster

☒ Obstacles

Response

☒ What is response

☒ Response to emergency

☒ Water management / food / shelter management

☒ Media response

Recovery

☒ Types of recovery

Agencies

☒ Role of government in disaster management

☒ Introduction to emergency planning

BPH-IV-E NSS II

UNIT 1: Importance and Role of Youth leadership

- Meaning and types of leadership
- Qualities of good leaders; traits of leadership
- Importance and role of youth leadership

UNIT 2: Life Competencies

- Definition and importance of life competencies
- Communication
- Inter Personal
- Problem-solving and decision-making

UNIT 3: Social Harmony and National Integration

- Indian history and culture
- Role of youth in peace-building and conflict resolution
- Role of youth in Nation Building

UNIT 4: Youth Development Programmes in India

- National Youth Policy
- Youth development programmes at the National level, State level and voluntary sector
- Youth-focused and Youth-led Organizations

SEMESTER V

-V BPH -1 National Health Programme and Public Health Laws

National Health Programmes

- ☒ National Health Policy(1983,2002,2017)
- ☒ ICDS
- ☒ RNTCP
- ☒ NACP
- ☒ RCH Program (RMNCH+A)
- ☒ NHM (NRHM & NUHM)
- ☒ NVBDCP
- ☒ NIDDCP
- ☒ NLEP
- ☒ NMHP
- ☒ NBCP
- ☒ IDSP
- ☒ Pulse Polio Immunization Program / National Immunization Program
- ☒ NPCDCS Program

Legislations related to Health in India

- ☒ National Health Bill 2017
- ☒ The Consumer Protection Act 1986
- ☒ The Registration of Births and Deaths Act 1969
- ☒ Census Act 1948 with amendments
- ☒ The cigarettes and other tobacco products(Prohibition of Trade and Commerce, Production,

- ☐ The Prevention of Food Adulteration Act 1954
- ☐ Food Safety and Standards Authority of India Act 2006
- ☐ The Dowry Prohibition Act 1961
- ☐ The Protection of Women from Domestic Violence Act 2005
- ☐ The Child Labour Prevention Act 1986, Juvenile Justice Act
- ☐ The Right to Education Act
- ☐ The Environment Protection Act, 1986

**BPH-V-2 Introduction to Organizational Development Medical Entomology
& Occupational Health**

Organizational Development

- ☐ Introduction to Organizational Development (OD)
- ☐ History of Organizational Development.
- ☐ Characteristics of OD
- ☐ Foundation of OD
- ☐ Recent Organization Development Strategies

Occupational Health

- ☐ Introduction (concept, definition, and scope)
- ☐ Principles of Occupational Health and Safety
- ☐ Occupational Health Problems and Hazards
- ☐ Occupational Health safety and prevention
- ☐ Industrial health, its situation in Indian context and safety
- ☐ Concept of ergonomics
- ☐ Stress at Work / work life balance
- ☐ Legal aspects of occupational health and safety (ESI act, Factory act, Labour Act, and

Workman's Compensation Act)

Medical Entomology

☒ Introduction to medical entomology

☒ Introduction to medically important arthropods

☒ General and outline classification of arthropods (with special reference to medical important groups) Habit, habitant, external morphology and control measures

☒ Arachnids: Scorpions, spider, ticks, mites

☒ Non-dipterous insect: Lice, fleas, bugs, and cockroach

☒ Dipterous insects:

- Myasis Producing flies: housefly

- Phlebotomine: Sand flies

- Simulium: Black flies

☒ Mosquito (Life cycle and differences) - Culicine, Anopheline and Aedes

Vector borne Disease and health hazards

☒ Diseases and health hazards associated with arthropods

☒ Different methods of controlling arthropods

☒ Insecticides and their usability

☒ Insecticides - Problem of resistance, Hazards

Rodentology: Introduction

☒ Introduction to rodent and Rodentology

☒ Introduction to medically important rodents

☒ Classification of rodent (with special reference to medical important groups)

Disease and health hazards

☒ Disease and health hazards associated with rodents

☒ Different methods anti-rodent measures

☒ Rodenticides and their usability

Integrated vector control approach

☒ Principle of control measure of arthropod and rodents

☒ National Vector borne disease control program (Objective and strategy)

BPH-V-3 Basics of Health Planning and management

☒ Planning: Elements of planning, planning cycle

☒ Methods of planning: top down, bottom up planning process

☒ Overview of the health planning process in India.

☒ Types of health planning

☒ Essential management skills with an overview of management in health

☒ Time Management

☒ Managerial Skills

☒ Personnel Management & Human Resource Development

BPH-V-E NSS V

UNIT 1: Citizenship

- Basic Features of Constitution of India
- Fundamental Rights and Duties
- Human Rights
- Consumer awareness and legal rights of consumer
- RTI

UNIT 2: Family and Society

- Concept of family, community, (PRIs & other community-based organizations) and society
- Growing up in the family- dynamics and impact

- Human Values

- Gender Justice

UNIT 3: Community Mobilization

- Mapping of community stakeholders
- Designing the message in the context of the problem and culture of community
- Identifying methods of mobilization
- Youth-adult partnership

UNIT 4: Environment Issues

- Environment conservation, enrichment and sustainability
- Climate change
- Waste management
- Natural resource management

UNIT 5: Project Cycle Management

- Project planning
- Project implementation
- Project monitoring
- Project evaluation: impact assessment

UNIT 6: Documentation and Reporting

- Collection and analysis of data
- Preparation of documentation/ reports
- Dissemination of documents/reports

UNIT 7: Additional Life Skills

- Positive Thinking
- Self Confidence and Self Esteem
- Setting Life Goals and working to achieve them

- Management of Stress including Time Management

BPH-V--E INDIAN CONSTITUTION

I. GOAL:

The students should gain the knowledge and insight into the Indian Constitution so that they are aware of the fundamental rights and freedom bestowed through the democratic governance of our country.

II. OBJECTIVES:

A) KNOWLEDGE:

At the end of the BPH-V course the student is expected to know:

- 1) Basic knowledge of the Indian Constitution.
- 2) Democratic institutions created by the Constitution.
- 3) Special rights created by the Constitution for regional and linguistic minorities.
- 4) Election Commission.
- 5) Legislative, Executive and Judicial powers and their functions in India.

B) SKILLS:

At the end of the BPH -V course the student is expected to make use of knowledge:

- 1) To perform his / her duties towards the society judiciously and with conscious effort for selfdevelopment.
- 2) To utilize state policies in their future practice.

COURSE CONTENTS

Theory: 25 Hours

Unit I a) Meaning of term Constitution.

b) Making of the Indian Constitution - 1946 - 1949 and role played by

Dr. B. R. Ambedkar.

c) Salient Features of the Constitution.

d) Preamble of the Constitution. 2 Hours

Unit II The democratic institutions created by the Constitution.

Bicameral System of Legislature at the Centre and in the States.

Devolution of Powers to Panchayat Raj Institutions. 5 Hours

Unit III Fundamental Rights and Duties - Their content and significance 5 Hours

Unit IV Directive Principles of State policies - The need to balance

Fundamental Rights with Directive Principles. 1 Hour

Unit V Special rights created in the constitution for Dalits, Backward class, Women and

Children, and the Religious and Linguistic Minorities 1 Hour

Unit VI Doctrine of Separation of Powers - Legislative, Executive and Judicial, and their

functions in India. 4 Hours

Unit VII The Election Commission and State Public Service Commissions. 2 Hours

Unit VIII Method of amending the Constitution. 1 Hour

Unit IX Enforcing rights through Writs Certiorari, Mandamus, Quo warranto and Habeas

Corpus. 2 Hours

Unit X Constitution and Sustainable Development in India. 2 Hours

SEMESTER VI

BPH501

Preventive Obstetrics and Family Planning

Introduction to

☐ Health Status of Women in General

☐ Reproductive Health in particular

☐ Health Problems of Women across the Life Span – childhood, adolescence, adulthood, old age across world and India.

Maternal health

☐ Concept and Scope of maternal health

- ☒ Safe motherhood and its components
- ☒ Major conditions causing morbidity and mortality
- ☒ Socio-economic, educational and cultural factors affecting maternal morbidity and mortality and utilization of maternal care.
- ☒ Concept, types and process of maternal and perinatal death review
- ☒ Concept of infertility, factors causing infertility and sub-fertility
- ☒ Concept of In-vitro fertilization (IVF),
- ☒ Marriage: Preconception, conception, pregnancy
- ☒ Contraception and family planning methods
- ☒ Reproductive tract infections
- ☒ RCH / RMNCH +A Program

BPH502 Public leadership and managing health organization

Introduction to leadership

- ☒ Definition
- ☒ Principles of leadership
- ☒ Leadership styles and traits
- ☒ Levels of leadership
- ☒ Systems thinking
- ☒ Leadership Theories
- ☒ Leadership Skills
- ☒ Manager Vs Leader

Management

- ☒ Introduction to health care management
- ☒ Classical management and healthcare services management
- ☒ Organizational theories

☒ Evolution of management

☒ Managerial Role

☒ Motivation

Quality and safety in healthcare

☒ Patient Safety in hospitals

☒ Hand hygiene / Universal precautions

☒ NABH / NABL Accreditation.

☒ Indian Public Health Standards at

- SC

- PHC

- CHC

SunRise University